

Leyden Life

Leyden, Massachusetts

March 2016

Selectboard Office Hours:
Monday — Thursday 8:00 AM - 3:30 PM
Tax Collector:
Monday and Wednesday 5:30 - 8:00 PM
Assessors Office:
Wednesday 2:00 - 8:00 PM

Selectboard

SELECTBOARD MEETINGS

The Select Board will meet on Thursdays March 3rd and 17th at 9:30 AM and March 10th and 24th at 6:45 PM in their office (the third meeting on March 17th will be at PRES). To be added to the agenda or to get a copy of it, please contact Bob Hardesty at 774-4111 or leydeselectboard@crocker.com at least 72 hours prior to the meeting. Anyone not on the posted agenda is welcome to address the Selectboard at the end of the meeting during the "Citizens' concerns not anticipated in advance of the meeting" agenda item time.

TOWN HALL MEETINGS

Tue, Mar 1	7:00 PM	Broadband Committee
Wed, Mar 2	6:30 PM	Board of Assessors
Wed, Mar 2	4:30 PM	Council on Aging
Thu, Mar 3	9:30 AM	Selectboard
Tue, Mar 8	7:00 PM	Agricultural Commission
Wed, Mar 9	7:00 PM	Planning Board
Thu, Mar 10	6:45 PM	Selectboard
To be determined		
Tue, Mar 15	7:00 PM	Board of Health (at the Police Station)
Tue, Mar 15	7:00 PM	Historical Commission (Downstairs at the church)
Wed, Mar 16	6:30 PM	Board of Assessors
Thu, Mar 17	9:30 AM	Selectboard
Mon, Mar 21	7:30 PM	Conservation Commission
Thu, Mar 24	6:45 PM	Selectboard

Any changes to these meeting dates or times will be posted separately. Meetings *not* held monthly will also be posted separately. *Note:* Monthly meetings are now posted on the town web site at www.townofleyden.com. Any changes or additions to meeting times and/or dates should be forwarded to the Municipal Assistant. —Selectboard

Leyden Broadband Committee

"Who's on First?"

There appears to be some confusion as to the three players involved in the broadband debate, namely the "Leyden Broadband Committee", "WiredWest" and "MBI".

The Leyden Broadband Committee was established by an Annual Town Meeting vote in 2015. Our instructions were to work with "WiredWest or other entities" to help bring affordable and reliable high-speed internet to Leyden. In the spirit of that directive, the Committee has been investigating various alternatives to WiredWest, while at the same time keeping in frequent communication with the WW delegates. The Broadband Committee's goal is to find the best broadband solution for Leyden and we are totally independent of WiredWest.

WiredWest is an association of 32 of the 44 towns in

(Continued on page 2)

Town Clerk

VITAL STATISTICS

Births: Julian Thomas Hake, born January 27, 2016, to Kimberly and Paul Hake on Lois Lane.

There were no marriages or deaths reported in January.

PRESIDENTIAL PRIMARY

The Presidential Primary will be held on Tuesday, March 1st. Polls will be open from 7:00 AM to 8:00 PM.

TOWN CAUCUS

The Town Caucus to nominate candidates for the Annual Town Election will be held on Tuesday, March 29th at 7:00 PM at Town Hall. Offices up for nomination are:

Moderator (1-yr.) Kathy DiMatteo, Incumbent; Selectman (3-yr.) Lance Fritz, Inc.; Assessor (3-yr.) John Rodgers, Inc.; Tree Warden (1-yr.) David Brooks, Inc.; Library Trustee (3-yr.) Carolyn Asbury, Inc.; Planning Board (5-yr.) William Harris, Inc.; Planning Board (2-yr.) Robert Snow, Inc.; Board of Health (3-yr.) Kathie Benson, Inc.; Constable (3-yr.) Vanessa Russell, Inc.

To accept nominations, nomination papers must be signed by the nominee within 72 hours after the caucus.

ANNUAL TOWN MEETING AND ELECTION

The Annual Town Meeting and Election will be held on Saturday, May 14, 2016 at Town Hall. Polling hours for the Election are 8:00 AM to 4:00 PM. Town Meeting will begin at 9:00 AM. The last day to register to vote at Town Meeting and Town Election is April 25, 2016.

DOG LICENSES

Dog licenses for 2016 are now available during regular business hours. Fees are as follows: Neutered and spayed - \$10.00; Not altered - \$15.00; Kennel, 1-4 - \$30.00; Kennel, 5-10 - \$40.00; Kennel, more than 10 - \$50.00. Checks or money orders are encouraged. The office does not have change, so please bring the exact amount. Thank you.

NEW CLERK HOURS

New Town Clerk's office hours are Tuesdays and Thursdays from 6:00 to 8:00 PM. As always, other hours are available by appointment by calling 774-7769 or 772-3739. Email is leydentown-clerk@crocker.com. —Elizabeth Johnson

Town Clerk Office Hours are Tuesdays and Thursdays, 6:00 – 8:00 PM
Telephone 774-7769 or 772-3739

ROAST PORK SUPPER

Hosted by the Leyden Methodist Church

Saturday, March 5th

Roast Pork, Potato, Stuffing
Seasoned Maple Glazed Carrots
Salad, Bread and Butter, Dessert
(Sugar and Gluten-Free Options Available)
Adults \$12, Kids 10 & Under \$6, 3 & Under Free
Please call Emily Herron-Clark at 413-648-0560
by Wednesday, March 2nd to reserve seating
and to place to-go orders

Leyden Town Hall
16 West Leyden Road, Leyden

Robertson Memorial Library

Library Hours: Monday 1:00 – 6:00 PM; Wednesday 1:00 – 6:00 PM, and
Saturday 10:00 AM to NOON Phone 773-9334 (Leave a message any time.)

This seems to be the time of year when donations to the library arrive regularly. Thank you to those of you who have given gifts of money to support library activities, the most important of which is the summer reading program. Not only do participants receive a gift certificate to the World Eye Book Shop, but we have now instituted a fun make-your-own ice cream sundae party which parents enjoy as much as their kids! (Deservedly so! They are the ones who take the time to support their children's reading and merit our praise!) If you would like to donate to the RML, we would all appreciate your generosity!

I've been making a concerted effort to order more CDs and DVDs, so if you need to ward off cabin fever please visit and take something home with you. It's been fun to watch the *Star Wars* movies fly off the shelves as so many people want to re-watch the earlier DVDs before going to the theater to view the newest production. There are quite a few movies coming out based on great books, too, so if you want to read the novel before you see the DVD, come on in; most likely we have what you want. *Brooklyn*, *Martian*, *In the Heart of the Sea* and *The Revenant* are just a few of the titles you might recognize from the 2015 hit list; *Looking for Alaska*, *The Fifth Wave*, *The Girl on the Train*, and *The Choice* will be coming out soon.

Fifteen people became new patrons last year; why don't *you* join in the fun and become a member of this wonderful 'best little library'! Remember the words of wisdom spoken by Groucho Marx: "I must say that I find television very educational. The minute somebody turns it on, I go to the library and read a book." Merry March to SPRING!
—Chris Johnston

Leyden Broadband Committee

(Continued from page 1)

western MA that have no high speed internet. They believe that the most cost effective way to build out and manage broadband is on a regional cooperative basis. WiredWest is run by its delegates. Leyden's primary delegate is Al Woodhull, with Sheila Hourihan as our alternate. WiredWest has championed the need for broadband in our region for many years and feels that a regional design, owned cooperatively, would be significantly cheaper to build than individual stand-alone networks within each town.

The Massachusetts Broadband Institute (MBI) is the state entity responsible for controlling the state and federal money being used as a catalyst to bring broadband to western MA. MBI has already spent \$90 million of state and federal funds on a "Middle Mile" project which created a 1,200-mile "backbone" of fiber-optic cable connecting all 44 previously unserved western MA towns. The Leyden Town Hall, Robertson Memorial Library, and Pearl Rhodes Elementary School are tied into that "Middle Mile". (*These are the only people in town with high speed broadband!*) The next step is to expand the hub from Town Hall to connect all our homes to it. The project to do this is called "The Last Mile," and MBI has been granted \$40 million to help the various towns involved make this happen. Leyden's proposed share of that grant is currently \$680,000.

The current dispute between WiredWest and MBI is principally one of ownership. WiredWest believes all assets should be owned cooperatively. MBI feels that each town should own their own assets. More specifically, will Leyden own the \$1.75 million of assets that we and the state are paying for, or do we give those assets to WiredWest and own a 2-3% proportionate voting right in WiredWest?

This is a complex project and so it should be no surprise that there are disagreements between MBI and WiredWest. The Leyden Broadband Committee and the Selectman support MBI's position that each town should own the assets (hubs, poles, wires, etc.), and not WiredWest. However, in all other areas we remain open to whatever solution will serve Leyden well. —Bob Ryan, Chair, Broadband Committee



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Leyden Life Lowdown

EASY SUBMISSION

Submit an e-mail to Cornelia Reid at cr43wr41@gmail.com, Carolyn Asbury at carolyn.asbury@gmail.com, and Bob Taylor at bobxtwo@verizon.net. (Yes, please send it to *all three* of us.)

Either attach a Word document or include the information in the body of the e-mail. If e-mail is not possible for you, hard copies of items for *Leyden Life* can be left in the book drop outside the Library. The deadline for inputs is the **15th of the month**.

If you would like to receive the **electronic version of *Leyden Life*** in PDF format, please email the same three addresses listed above.

THANKS

Thanks to Bernice Brooks, the Cayers, Todd Sessions, Marie Giurdanella, Dotty Howes, Kathleen Anderson, the Feldmans, Spirit Fire, Fran Moretti and the Hubers for donations. Thanks to Lois Feldman, Kathie Benson, Cornelia Reid and Carolyn Asbury for collating, and thanks to deliverers Marie Bartlett, Marie Lovley, Pat Little and the Cafferys. (We apologize if we missed anyone.)

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DISCLAIMER

Leyden Life is not an official publication of the town, nor an official source of town business. We do our best to print accurately and distribute promptly the announcements and information we receive. Please check with the town to verify information regarding town business or activities.

Leyden Life

Published monthly in Leyden, Massachusetts by a non-profit group of volunteers.

Editors: Cornelia Reid 774-5146,
Carolyn Asbury 774-2840
Layout and Design: Bob Taylor 624-8965

Items for the next issue are due to
Cornelia at cr43wr41@gmail.com,
Carolyn at carolyn.asbury@gmail.com,
and Bob at bobxtwo@verizon.net
by 5:00 PM on

Tuesday, March 15th.

If you cannot e-mail your submission, please leave it in the book drop outside the Library.

Donations are always welcome! Send to:
Leyden Life c/o Reid
30 West Leyden Road
Leyden, MA 01337

Council on Aging

Lots of good things going on during the long month of March – come and join us!

Exercise Tuesdays, March 1 to April 5

12:00 NOON – 1:00 PM ~ Core Strength Training with Linda Allis. Continuing by popular demand! Upstairs at Town Hall. Linda will continue her series of strengthening exercises to help with building muscle, maintaining good posture, and retaining adequate levels of physical activity and movement as we age. The class is a combination of seated and standing exercises. *For more information, call Cecilia Tusinski at 624-3436.*

Wednesday, March 2

4:30 – 6:00 PM ~ Monthly Business Meeting at Town Hall. Anyone is welcome to attend. Call Chair Carol Johnson (773-7619) if you wish to be added to the agenda.

NEW! Art on Mondays, March 7 to March 28

1:00 – 3:00 PM ~ Painting with Acrylics led by artist **David Sund** at Town Hall. All supplies are provided; there is \$1.00 fee per session used to purchase supplies. If you are an artist who works in a medium other than acrylics (pastels, watercolor, etc.), feel free to bring your own supplies and join the class. **All experience levels are welcome!** David is a member of the Deerfield Valley Arts Assn. and teaches classes at Greenfield and Montague senior centers. His work can be seen at the 11 South Gallery in Bernardston and at various area shows and galleries.

Limited to 12 participants. Seniors (age 60+) will have priority. Call Dianne Ryan at 624-0225 (or dianne.ryan34@gmail.com) to register and confirm a space.

Wednesday, March 16

11:15 AM ~ Celebrate St. Patrick's Day with a screen presentation of world champion Irish Ceili dancing (Irish step dancing), accompanied by Ireland's top Ceili bands and views of the beautiful Irish landscape. Join us for this mini-trip to the Emerald Isle, and leave with a song in your heart and a skip in your step!

12:00 NOON ~ Leyden Lunch Group ~ a meal fit for a leprechaun! Corned beef and cabbage with traditional sides, fruit salad, and baked treats. PLUS all guests wearing a touch of green will receive a St. Patrick's Day gift!

Please call Sue Howarth at 774-3118 by Friday, March 11, to make reservations.

Friday, March 18

10:00 AM – 12:00 NOON ~ Wellness Café with Public Health Nurse Lisa White, BS, RN. Downstairs at Town Hall Lisa will offer one-on-one health counseling including blood pressure checks, blood glucose screening, medication management, help with health issues, sharps disposal/exchange, and mercury thermometer exchange. Home visits can be arranged by calling Lisa in advance 413- 665-1400, x 114. Free coffee and muffins will be served.

(These nursing services are provided through Leyden's membership in FRCOG's Cooperative Public Health Service and grants from Baystate Franklin Medical Center and Franklin County Home Care.)

MOVIE NIGHT!! ~ Butch Cassidy and the Sundance Kid (Rated M for Mature Audiences) **7:00 – 9:00 PM at Town Hall.**

Leyden café open for refreshments at 6:30

This film classic has all manner of things to recommend it: award-winning screenplay by William Goldman and music by Burt Bacharach; direction by George Roy Hill; Academy Award for Best Picture of 1969; and of course great performances by Robert Redford, Paul Newman and Katherine Ross. The storyline is: two Western bank/train robbers flee to Bolivia when the law gets too close. *All ages welcome. Parents should decide what is suitable for their children.*

Need A Ride? When you do, don't forget to reserve the COA Cadillac, available for doctor appointments, COA luncheons, haircuts or grocery shopping (Foster's on Tuesdays and Stop & Shop on Thursdays). Call Gilda Galvis (773-7932) for reservations or to register for the first time.

Grocery Pick-Up Survey: We're still accepting completed surveys. You can also contact Dianne Ryan (624-0225 or dianne.ryan34@gmail.com) or Amy St. Clair (774-6907 or amy.woodsprite@gmail.com) and let us know what you think.

Weather Cancellations: *If schools are closed, there will be no Council on Aging activities.*

—Dianne Ryan

WiredWest

I am sure that if you read the Recorder or watch the news you are aware that getting broadband to western Massachusetts is a very big deal. Seven years ago groups of people in our hill towns began meeting to discuss the problems we face due to lack of access to broadband. The movement continued to grow and WiredWest was formally incorporated as a municipal cooperative five years ago. WiredWest is entirely made up of people from our towns, operating exclusively for and by the towns.

You have all been part of surveys. A large percentage of the residents of Leyden and the other 43 towns have indicated that they want better broadband for Internet, phones, and TV. Over 15,000 people have already paid a \$49 deposit to ensure that they will get broadband as soon as it is available. Pole counts have been done, residences have been counted, the terrain has been studied, and the financial issues estimated almost to the last dollar. Literally

thousands of hours of work have been donated by the WiredWest Executive Committee and others with expertise in the field. At this point 32 towns have indicated that they are interested in being part of a cooperative solution to getting broadband. Twenty-three of those towns are firmly on board with the concept of a cooperatively owned network.

A regional network can be built and operated more efficiently, using interconnections between towns to help ensure that service will continue when parts of the system are damaged by the kinds of weather events that are inevitable in our hill towns. Economies of scale will make it possible for us to choose a design that will be easy to upgrade and keep current. If each town owns its own system, it is likely to be more expensive or less efficient to operate, less reliable, and less future-proof. Together we can do it with better equipment and planning, spending more wisely in every area

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WiredWest

(Continued from page 3)

of the project, and our towns will not be left to run and repair things alone. As a cooperative, each town will have a strong voice in all decisions regarding the project, and we will have the strength of a larger group in building, maintaining, purchasing and providing services.

Massachusetts Broadband Institute (MBI) put in Middle Mile connections that bring broadband to Community Access locations in many towns, including ours. Leyden's Town Hall, school, library, and Fire Department now have broadband access. It is also available to the Police Department. There are issues, however, between MBI and WiredWest as to how to use the Middle Mile most effectively to deliver access to homes.

The recent change of leadership at MBI and the decision by the Governor to put a hold on the project will mean another delay that is frustrating to all of us who have already waited too long. There is concern that the Governor, in his quest to reduce state expenditures, will back out of commitments made by the previous administration. Previous administrations recognized the problems of western towns without broadband largely because of WiredWest's efforts. We believe that continued input from WiredWest and others in our towns is keeping the issue alive so that it won't die in Boston.

As an example, Lt. Governor Karyn Polito and Ryan Chamberland, Director of the Western Mass Governor's Office, were in Heath recently for a signing ceremony for the Governor's Community Compacts program. They were informed by Selectboard members during the public presentation and in private conversations following the ceremony that, for Heath and Rowe, broadband is a necessity for progress on any other project. The Lt. Governor gave the administration's line about how they were now looking into what has been going on, and are looking to "resolve" the broadband issue. She said they hoped to open this up to let private businesses offer solutions. She also spoke of it as "wireless." She immediately received a comment from one Selectman that wireless was not a solution that will work in the hill towns. This was emphasized when both of the state officials tried without success to contact their offices by cell phone. Both are reported to have said that now they "get the problem." It seems as though they finally understand that this is a very serious matter and that our voices will be heard.

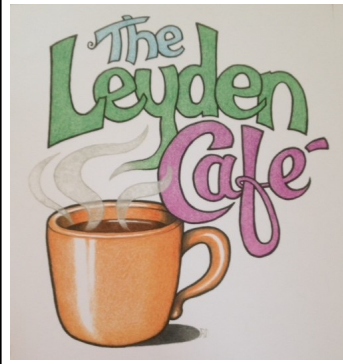
—Albert S. Woodhull and Sheila Hourihan

Leyden T-Shirts and Sweatshirts

I would like everyone to know that I am still taking orders for our Beautiful "The Hills are Alive" Leyden T-shirts, sweatshirts, and hoodie sweatshirts. I have eight orders already, but the printers would prefer that we have a minimum of 12 orders before they print them. The T-shirts are \$20, and they come in Adult Tee, Ladies Tee and Youth Tee in the following colors: Ash Grey, Carolina Blue (n/a in Youth crew), Light Pink, Royal Blue, Violet (available in Ladies Tee only), Lime Green, and in Hunter Orange. The crew Sweatshirts and Hoodie Sweatshirts come in Ash Grey, Carolina Blue, Light Pink and Royal Blue, and the cost is \$25 for Youth Crew and \$27 for Adult Crew. The cost for the Hoodies is \$31 for Youth and \$33 for Adult.

If you would like to see the samples, I have them here at my house. My house is easy to find if you live in Leyden, or give me a call at 773-3548 and we can set up an arrangement to meet at Town Hall or the Church. I can be pretty flexible. Thanks for any and all orders. I love our Town of Leyden where the "hills are alive."

—Mary Lou Barton



The Leyden Café is open every Sunday morning, 9:00 to 11:30 AM downstairs at Town Hall.

Many of your friends and neighbors are coming every Sunday to chat and visit over a cup of coffee and Karyn's baked goodies. People from Guilford are coming and joining us also. We are looking ahead to a spring market day, and in March will

be hosting the COA's showing of *Butch Cassidy and the Sundance Kid* on Friday, March 18th at 7:00 PM. TheCafé opens at 6:30. We look forward to seeing you at the Café!

—Amy St. Clair

Wells Trust Scholarships

The Fred W. Wells Trust is an organization that provides scholarships to students graduating from high school and to those enrolled in college or an advanced educational program. Recipients are selected based on scholarship, need, extracurricular activities and recommendations.

Applications may be obtained from high school college counselors, or from the Town Clerk during normal business hours. Please note that all applications, recommendation letters and **official** transcripts now need to be postmarked no later than **March 31, 2016**.

Please call Lois at 774-4092 for further information if needed.

—Lois Feldman

Leyden Knitting Circle

The Leyden Knitting Circle will meet two times this month, on Friday, March 11th at Karen Loomis's house (624-3902) and on Friday, March 25th at Laura Timmerman's house (773-8325), both from 6:30 to 8:30 PM. In addition, we invite interested crafters to bring your knitting or other handiwork to the Leyden Café on Sunday mornings. You are welcome to join us!

Call Peggy (774-5764) or Laura (773-8325) for more information.

—Laura Timmerman, 773-8325

Facebook Group: "Leyden Knitting Circle" Members sometimes post pictures of their projects here, or interesting knitting-related links.

Recreation Committee

I just want to let everyone know that I have started to take reservations for the rental of the Leyden Pavilion for summer activities. The cost is \$75 for the day, and the Board of Health has given me forms that need to be signed at the time of rental so we all understand how the Pavilion should be used.

Sorry we didn't get the ice rink down this winter. The weather wasn't very co-operative, so we will try again in the winter of 2016.

I also would like to welcome Brian Pelletier to our Recreation Committee. Brian would like to see a youth T-Ball program start in the spring down on our ballfield. Carey Barton managed to get the infield all raked and ready to play ball in the spring. Keep all this in mind; more will be forthcoming as spring and summer approach.

Give me a call to rent the Pavilion at 773-3548. Thanks again.

—Mary Lou Barton, Leyden Recreation Committee



Massachusetts couple surprised at Fore Street when stranger pays their dinner bill

They want their benefactor to know how 'uplifting' the experience was, and say they will pay it forward. © Portland Press Herald, February 3, 2016

Dan Galvis and his wife, Gilda, had never heard of Fore Street before they walked into the nationally renowned restaurant last Friday night for dinner. But after what happened to them there, they will never forget it.

After dinner, their server told them that strangers sitting in another part of the dining room wanted to pay their tab – all of it, including the \$16 box of chocolates they'd ordered to take home.

"When we were all done, the waitress came over and said in her 30 years of waitressing here she's never seen this," said Dan Galvis. "Some anonymous person there paid our bill. It completely blew us away and re-established our faith in mankind."

Lest that sound a bit dramatic, consider that the Galvises are both in law enforcement, and are not used to seeing the best mankind has to offer. The couple are from Leyden, Mass., population 679, a western Massachusetts town known for maple sugaring that's just a few miles from the Vermont border. Dan Galvis is Leyden's police chief, and Gilda Galvis is a captain on the town's small police force, but they weren't wearing their uniforms Friday night.

Portland is a three-and-a-half-hour-drive away, and neither had been here in at least 20 years. The Galvises came to Maine to go to the Maine Agricultural Trade Show, where they set up a booth to promote their side business organizing motor sports shows. They stayed at a Portland hotel Friday night, and scoured the Internet in search of a good place to have dinner. When they saw the positive online reviews for Fore Street, and read raves about the restaurant's hanger steak entree – they love steak – they headed over.

Once seated, they each ordered the hanger steak and garlic mashed potatoes. No wine, but with the box of chocolates factored in, Dan Galvis figures their bill "had to be over \$100."

Noting that "we don't get to see the good side very often," Galvis said they were dumbstruck by their good fortune. "We just sat there staring at each other," he said. "We didn't know what to say."

Josh Dore, who has handled reservations at Fore Street for a decade, said he has seen people buy drinks for another table, or send over something special for an anniversary, but a stranger picking up the entire check was "a first" for him. He found out about the incident from a note left by the staff.

"I know who (the benefactor) is, but he wished to remain anonymous, so I can't disclose his information," Dore said, "but the staff-written note said: '1/29/16 – (Donors) had a great meal, picked up a random table's check and asked to be anonymous, happy to pay it forward.'" The note ended with the staffer's own assessment: "They were very generous people."

Galvis said now it's his turn.

"You read about this stuff, but when it happens to you, it's just unbelievable," he said. "I would like to reach out whoever did this and let them know that we intend to pay this forward. We are going to do it here next time we go out to eat."

Leyden United Methodist Church Lent in Leyden

Ash Wednesday was celebrated on February 10th, marking the beginning of the season of Lent, patterning Jesus' time of temptation in the wilderness. You can read this important story of the Christian heritage in Luke 4:1-13.

After not eating for forty days, Jesus is tempted with bread, then power and then safety. All He has to do is worship Satan instead of God, and he refuses. Instead, he draws closer to God. That's the promise this season has for us too; an opportunity to draw nearer to the Creator—the one who calls us beloved.

Some people give up chocolate, alcohol or meat for Lent and those are noble sacrifices, especially in line with Jesus' first temptation, but we are equally as tempted by power and safety. We worry about things we have no power or control over. We worry about our health and unsafe roads. But what does that have to do with being close to God? Sin is the reverse of being close to God. Sin is choosing to turn away from God, to separate from God. When we worry about things—when we fail to trust God that is sin.

God provides for our needs like bread. Luke 12:27 says, "Consider the lilies, how they grow: they neither toil nor spin; yet I tell you, even Solomon in all his glory was not clothed like one of these." God is the one who is powerful. In Isaiah 43:1, God says, "Do not fear, for I have redeemed you; I have called you by name, you are mine." God provides our security. Psalm 37:3 says, "Trust in the Lord, and do good; so you will live in the land, and enjoy security." We need not fear or be tempted. We need to trust God.

Trust doesn't come naturally to us. We have to work at it. The season of Lent provides us with opportunities to cultivate trust. Besides fasting from chocolate or alcohol or meat, other spiritual disciplines (or exercises) include prayer, studying scripture, and gathering with others for worship. When we exercise any muscle, it becomes stronger and that's true of our spiritual lives too. When we exercise trust in God, our trust in God becomes stronger and we are less susceptible to temptation.

Throughout the months of February and March, worship at the Leyden church will include opportunities to exercise our spiritual muscles. Join us on Sundays and Maundy Thursday on March 24th at 6:00 PM when we will be invited to sample several prayer and craft activity stations designed to connect the ancient texts to our current lives. Our annual Sunrise Service will be held Easter Sunday, March 27th on the Green at 6:30 AM, followed by free breakfast in the Fellowship Hall and then Easter worship at 8:45 AM. All are welcome!

—Rev. Cheryl L. Meachen

Pastor Cheryl preaches at the Leyden United Methodist Church which holds inspired worship at 8:45 each Sunday morning at 15 West Leyden Road, across from Town Hall. Our facilities are handicap accessible and we offer Sunday School during our worship services. Come as you are, there are no fashion police. We welcome everyone to share communion on the first Sunday of each month. After worship every week you are invited to join us in our downstairs Fellowship Hall for delicious fresh baked goodies and friendly conversation.

Linda Romano

2016 spring into energy medicine/wellness: Chi massage, energy bodywork, yoga for deep relaxation, Tuesday AM, chi-gong seven exercises, Makaho exercises to go with Shiatsu tx. Caregiver's, wellness support.

Happy spring, Linda Romano C/L MT, BW, 624-3334

Unclassified Ads

Unclassified Ads Policy Statement

We welcome unclassified ads from Town residents, and will run them free of charge (though a small donation of \$1 or so is always appreciated). We will normally run an ad for one issue only, unless requested to extend it.

Walking Watson: Looking for a friendly person to walk our dog during the day when we are both away. There will be a week in March, a week in April, and a week in May. If it's easier, he could stay at your house – we could drop him off in the morning and pick him up at the end of the day. Watson is a very sweet 10-year-old miniature schnauzer mix with a heart of gold. Interested? Give us a call and we'll talk about money and other details. Call Jack and Lisa at 774-3563.

Boer Goat Meat is available at Frizzell Hill Farm. Goat is quite tasty, low in fat and cholesterol, and high in protein and iron. Give it a try! Visit frizzellhillfarm.com for information and a price list. Thanks for supporting local Leyden farms!

Bill Maguire Painting: Serving the Leyden area's paint and staining needs since 1978. Interior, exterior, deck refinishing, window sash work, power washing, dirt and mildew removal. Call 413-774-5330.

Erik's Handyman Service: Let me help you with your "to do" list. Property maintenance, brush control, lawn mowing, rototilling, odd jobs, and miscellaneous projects. If you could use some help, give me a call at 413-774-9948 and ask for Erik, or e-mail to erikshandy1@yahoo.com. Reasonable rates. Insured.

Ed's Sugar Shack has fresh local maple syrup for sale. Available in gallons, half gallons, quarts and pints. Call 773-7619, Ed and Carol Johnson, 72 South County Road, Leyden. Member of Massachusetts Maple Producers Association

Natural Lamb is available again from the Petersons at Orchard Valley Farm. No growth-enhancing hormones or antibiotics. Usual cuts generally available. Special orders on request. Call 624-5562 or email ovfarm@verizon.net. Like us on Facebook at Orchard Valley Farm.

Maple Run Farm: Natural Romney yarn is for sale for knitting or weaving, processed chemical-free at Green Mountain Spinnery in Putney, VT. Call Barbara Wallace at 774-7780.

Sweet Morning Farm CSA

2016 FARM SHARES

Shares are for sale! It's time to reserve your share of Leyden-grown, organic vegetables, fruits, and flowers. All shares include a wide variety of vegetables, and flowers plus pick-your-own pole beans, snap peas, and cherry tomatoes. Our farm is not certified but we are committed to organic and sustainable practices.

SIGNING BONUS: All who pay in full for their share before March 20 receive a free dozen eggs as our thank-you.

EGGS: We sell organically-grown pasture-raised chicken eggs for \$6.00/dozen. Call or email for availability or to be placed on our News & Extras Email List. Currently we have microgreens, sunflower shoots, spinach. You can also find us at the Greenfield Winter Farmers' Market on March 5.

We invite you to become part of our little farm.

—Laura Timmerman, Rob Creamer
Sweet Morning Farm, 413-773-8325,
sweetmorningfarm@gmail.com, <http://sweet-morning-farm.blogspot.com/>
<https://www.facebook.com/SweetMorningFarm>

Spirit Fire

Through online courses, one can explore interesting subjects and do so in the convenience of home. Spirit Fire has two courses running: The Spiritual Path, Humanity's Search for Truth and The Awakening Heart of Humanity. Exciting retreats are coming up. Give yourself the experience of one: a Quietude Weekend, a Spring Spark-Yoga retreat, Ground and Let Go retreat, and The Cosmic Proportions of Transformation. For details or to register, please visit SpiritFire.com.

North County Electric

All Work done after 4:00 and weekends

Todd D Sessions

Owner

413 773-9094 Home
413 219-2005 Cell
tdsmartin@yahoo.com

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Used Clothing Drop-Off Shed

Sponsored By:
Leyden United Methodist Church

Location:
**15 Leyden Rd.
Leyden, MA 01337**

Items Accepted:

All clothing, shoes, sneakers, belts, purses, blankets,
sheets, pillowcases, drapes and stuffed toys.

(Your donations **will not** be cut up or shredded)

Please...**NO** rags, fabric scraps, pillows, toys or household goods;
**please understand that the above unwanted items
are a hardship and expense to dispose of.)**

- Send clothing to people who can use it all over the US and World.
- Help the environment by keeping your clothing out of the landfill.
- Receive a tax deduction for your donation.
Receipts are on the shed.

**** Help us keep your donation clean and dry. ****
If possible, please put in tied or closed bags. Thanks.



Cooperative Public Health Service



ServSafe & Chokesaver Certification Friday, 3/25/16

*Low-cost certification for
residents and people working in
food service establishments in
CPHS health district towns*

Location: Buckland Town Hall, 17 State St. Shelburne Falls

Date: 3/25/16, **Time:** 8:30 AM - 5 PM

(Chokesaver Only Training at 2:30 PM)

Cost: for both: \$75 Chokesaver only: \$10

Class capped at 32 people – register now on attached form!



3/25/16 ServSafe and Chokesaver Registration Form

Residents of/food service employees in the towns of:	Registration Period
Buckland, Charlemont, Gill, Hawley, Heath, Leyden, Monroe	now – February 29
Conway, Deerfield, Shelburne	Feb. 29-March 7, if spaces available
Other towns	March 7-14, if spaces available

Name: _____ Email Address: _____

Home Address: _____

Phone: _____

Food Service Establishment you work in: _____ Town _____

I am registering for (circle one): Servsafe and Chokesaver (\$75) Just Chokesaver (\$10)

Payment should be by check, made out to FRCOG/CPHS and mailed or delivered to the Franklin Regional Council of Governments on the second floor of the Transit Center in Greenfield: 12 Olive Street, Suite 2, Greenfield MA 01301. Once we have your registration and payment we will give you the ServSafe book, study guide and a practice test. **It is very important that you study in advance!**

Next Training Offered: Tuesday, June 21, 2016 in Charlemont.