

# LEYDEN LIFE

LEYDEN, MASSACHUSETTS

OCTOBER 2019

<p><b>Select Board Office Hours:</b> Monday 8:30 AM - 8:30 PM Tuesday—Thursday 8:30 AM - 4:00 PM <b>Tax Collector Office Hours:</b> Monday and Wednesday 5:30 - 8:00 PM <b>Assessors Office Hours:</b> Wednesday 12:00 - 6:00 PM</p>	<p style="text-align: center;"><b><u>NOTICE</u></b></p> <p style="text-align: center;"><b>TOWN HALL MEETINGS</b></p> <p><u>Board of Assessors:</u> 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays at 6:30pm <u>Board of Health:</u> Not scheduled until there is a new chair <u>Conservation Commission:</u> 3<sup>rd</sup> Monday at 7:30pm <u>Council on Aging:</u> 1<sup>st</sup> Tuesday at 4:30pm <u>Historical Commission:</u> 3<sup>rd</sup> Tuesday at 7:00pm <u>Planning Board:</u> 2<sup>nd</sup> Wednesday at 7:00pm <u>Recreation Committee:</u> 1<sup>st</sup> Thursday of each month at 7:00pm <u>Select board:</u> Every Monday at 7:00pm (or as posted, not sure of summer months yet) (No meeting on 5<sup>th</sup> Monday of any month)</p> <p>* Any changes to these meeting dates or times will be posted separately. Meetings NOT held MONTHLY will be posted separately at Town Hall.</p>
<p style="text-align: center;"><b>VITAL STATISTICS</b> No marriages, births or deaths reported.</p> <p>Town Clerk Office Hours are usually Mondays and Wednesdays, 5:30 to 7:00 PM, or by appointment. Telephone 774-4111, Ext 3, or Call/Text at 413-362-9378. All calls and text messages to my personal cell phone will be answered when I am available (Mon-Fri)</p> <p style="text-align: center;"><i>Thank you, Nicole Glabach, Town Clerk</i></p>	

## Selectboard Report

The fall colors of Mother Nature have once again graced Leyden with beauty! We thank all the local farmers for the hard work in keeping the many fields of Leyden hayed that add to this beauty each year. The Selectboard has been busy with PVRS meetings and getting our elementary school turned back to the town as well as getting the utilities operational so we can receive an occupancy permit to use the building for our many needs.

All town boards and committees will be using the building for their meetings in the future. A starting date will be announced once we receive our occupancy permit from the building inspector. We are in the process of equipping the building with the necessary furniture and items that will be needed. The space is more spacious and energy efficient for our needs. For years we have struggled with office and record keeping space as well as adequate meeting space. We are sorry to see the school close but realize that the school district can't maintain four elementary schools with the low enrollment. We still maintain Warwick needs to close as well and the sixth graders moved to Pioneer. The special legislation act of 2018 for the district has given the school committee limited time to balance the budget and we are in constant conversation with the superintendent of schools to see that this path is continuously moving forward.

The Highway department has been busy replacing the truck body on the 4 wheel dump truck. Paving is complete for the year and lines were painted in time for foggy weather. Dave has mentioned several close calls of cars cutting through the town hall parking area to avoid the stop sign. Please do not use town hall area as a shortcut to access Greenfield Road.

Tracey Baronas has resigned as Town Accountant to move into the private sector. We thank her for her years of service in keeping Leyden's financial books at its best and wish her well.

In closing, the Selectboard has adopted the posting of meetings to be in the rear of the town hall and our town website until offices move. We have also looked into the blinking sign and proper use. Any town equipment comes under the authority of the Selectboard and we think it is a useful tool in notifying residents, so we plan on continuing the messages for road closures, important meetings, weather alerts, Board of Health concerns and town sponsored events.

Respectfully,  
Jeff, Bill and Lance

## ROBERTSON MEMORIAL LIBRARY

Library Hours:  
Mon.: 1-6:00 PM  
Wed.: 1-6:00 PM  
Sat.: 10-Noon

“And all at once, summer collapsed into fall.”  
— Oscar Wilde

The leaves are changing color and starting to drop just as the air gets cold and crisp. This is my favorite time of year, when the breeze smells like sunbaked cinnamon. It's the perfect time to cozy up in a thick wool sweater and read a book. I love the simplicity of it all. Welcome, Autumn!

The most popular conversation topic has been the status of one's wood pile. The second has been stories of back to school. It seems that all stories are positive and our children are thriving in their educational settings. Leyden continues to raise readers- each day we are open we are averaging 25 children's books checked out. Thank you families for bringing in your young ones!

We have been gifted 2 family packs of tickets for the Pioneer Valley Symphony. Each pack includes 2 adult and 2 child passes. We have copies of the schedule at the desk. Please go out and enjoy this wonderful gift! We also still have The Clark pass and the DCR parking passes.

So many new additions have hit our shelves! We usually get new books the day they are released—the new Ann Patchett, Louise Penny and Archer Mayor have already been circulated more than once! Are you looking for something specific? Please let me know and I can either order it for our use or loan it from other libraries in the system. I've found more than just books to loan — magazines, movies, audio cd's, video games and even some board games! Would you love to come in and visit but our hours don't work with your schedule? That's fine - give me a jingle and I'll do my best to meet your time as well! If you see my car in the lot, just come on in.

So many exciting things are coming up! The RML is working with other libraries in the Valley on a Community Read taking place between March and April. So far over 20 different libraries are involved in the planning. What a great reminder that even though our size is small our community is powerful! We are in the process of picking books now- if you have any suggestions let me know! We're getting ready to begin Sunday Storytime at the café on October 13th- We'll do a short story for young kiddos and an activity starting at 10:30: bring your family to meet your neighbors. Also, the Bernardston PTO will be there with a fundraiser (if you can't make it and you are interested in supporting our community kiddos, please reach out to one) AND after the café has ended the RML will take any help it can get to make our entry for this year's Scarecrow in the Park. The theme is reading: how could we not participate?! I'll be posting some further information on the Facebook page. The library is participating in THE Town Halloween Party, and will be open and decorated. Come trunk or treat with us!

I had the great pleasure of joining the COA at their community lunch a few weeks ago- it was a lovely time. If you have the opportunity, I urge you to visit. Young and old are welcome!

Come on in and 'check' us out! Want to know all of the news first? Find us on Facebook! Do you have a question or want to volunteer? Feel free to email me at [leydenlibrary@gmail.com](mailto:leydenlibrary@gmail.com) or you can reach me at (413)522-2581 for call or text. The library phone has been in and out—the best way to reach me is at the number above.

Karin Parks

**Leyden Council On Aging (COA)  
HAPPY FALL!**

We have so much to tell you. First of all we will be having our lunches at the Town Hall this month on **Oct. 2nd** and **Oct. 16th**. Both lunches will be served at **noon**. The **Oct.2nd** menu will be homemade squash soup and sandwiches, with cookies for dessert ! Our **OCT.16th** meal will be kielbasa with sauerkraut, carrots and baked apples!

The coffee hours will be held at the Town Hall. On **Oct. 9th**. And **Oct. 23rd**. On the 9th we will be playing card games and on the 23rd we will be playing scrabble and quirkle! Also on the 23rd, we will be doing our foot clinic. We have one more available space at 11:30. If you are interested in either the luncheons or the foot clinic please call Linda Allis to make a reservation. (413) 834-4417.

**Calling all bowlers!**

We are pleased to tell you we have made a date with the bus company to take us to the Erving bowling alley for a morning of **bowling** and then a **lunch** at the **Wagon Wheel** in Gill. We will be leaving the **Town Hall at 10:00 a.m.** The cost of the bus will be determined by the amount of people who sign up. The cost of bowling is three dollars to rent shoes and three dollars a string. Please call Linda Allis no later than **Oct. 18th** to reserve your seat.

We are again starting up our exercise class for independent living. This is a drop in class that will combine balance and hand weights to keep you living independently. The class will be starting on **Oct. 8th**, at the Pearl Rhodes school. It will start at 11:30 and end at 12:15. No sign up required. We also want you to know that **Spirit Fire** will be offering a yoga class on the first and third Mondays starting in Oct. from 10:00 a.m. till 11:00 a.m.. This will be **free** to all **Leyden** residents.

For anyone interested, the **Y.M.C.A.** of **Greenfield** will be holding a Senior Health fair on **Oct 23rd**, from 9:00 a.m. to noon. This is free to all seniors.They will be having a free lunch and a speaker. We will have more information at the Town Hall if you are interested.

**Movie Night**



Movie night will be held **Friday, Oct. 11th**. At the **Town Hall. 7-9 p.m.**

**~THE PUBLIC~**

An act of civil disobedience turns into an escalating standoff with police when homeless people in Cincinnati take over the public library to seek shelter from the bitter cold. With great empathy and understated humor, the film touches on the challenging issues of homelessness and mental illness, set inside one of the last bastions of democracy-in-action.: the public library.

**The Public** was written, directed, and largely funded by Emilio Estevez, with appearances by Alec Baldwin, Christian Slater and Michael Kenneth Williams.

**Rated P.G. 13 All are welcome!**

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**Leyden Cultural Council**

**Save the Date! Thursday November 14 @ 6-8 PM with Gregory Maichack workshop "Sail away on the Craft of Pastel Painting", a hands on workshop : using sailboat references and Maichack's pastel version of Monet's Impressionist painting, Sailboat at Le Petit-Gennevilliers. All participants create their own 12X18 pastel painting in this workshop. Call Peggy Brown @ 413 774-5764 or**

### KNITTING CIRCLE

Leyden knitters meet every Tuesday afternoon, 1- 3, at the Leyden Town Hall. In addition, we will be meeting on Sunday, October 6, 6:30 - 8:30, at the home of Laura Timmerman, 773-8325.

All are welcome to all our knitting times. Beginners and experts and other crafters.

For information, call Laura, Peggy, or Michele Higgins, manerelejo@gmail.com

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### PIE TASTING EVENT

The Leyden Democratic Committee will host their Second Annual Pie Tasting Contest on Sunday, October 20th at 2 p.m. at the Leyden Town Hall.

Senator Jo Comerford and Representative Paul Mark will be on hand to see how great we bake in Leyden and to give us updates on their work in Boston. Everyone is invited to attend!

Come join us for some good pie and an opportunity to engage with your State Senator and Representative as well as your friends and neighbors.

Local prizes will be awarded to the top five pie bakers and everyone will be a judge! Be there!

Pam Brown, Chair  
Leyden Democratic Committee  
413.774.3216 (home)

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### MESSAGE FROM LEYDEN LIFE EDITORS

After careful consideration, we have made the decision no longer to send out e-blasts between monthly issues, either with reminders of upcoming events or with new information. This practice was innocently begun last year in response to Selectboard special requests, but has become too much for us to handle. We are optimistic that expanded use of the town website, and specific efforts by the town office to collect residents' email addresses, will answer the need for occasional special messages. The monthly Leyden Life continues to be the best way to reach the large majority of residents, since volunteers still hand-deliver 140 paper copies to those who do not receive email.

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Thank you to my family and friends of Leyden for surprising me with a wonderful birthday party and helping me complete some items on my bucket list. I love this town!

-Mary Lou Barton

### Leyden Life Lowdown

#### EASY SUBMISSION

Submit an e-mail to Cornelia Reid at cr43wr41@gmail.com AND Carolyn Asbury at Carolyn.asbury@gmail.com (it is important to send to both). Either attach a document, preferably in Word format, or include the information in the body of your text. If e-mail is not possible for you, call Cornelia at 774-5146.

The normal deadline for inputs is the 15th of the month by 5PM. Entries for the October issue are due Monday September 16th by 5PM.

If you would like to receive Leyden Life, either in e-mail or print copy, please email Cornelia and Carolyn at the above addresses, or call Cornelia. Please note that the e-mail version gets to you quicker, is more colorful, and saves us all time and money!

We still send a few copies by US Mail to former residents and Leyden lovers in other places. A year's subscription is \$9. Contact us please! Subscriptions are free to those in nursing homes or in the military.

#### Thanks

Thank you to Spirit Fire, Angels Rest, and Irene Baker for donations. Thanks to Michele Higgins and Lois Feldman for collating, and to our wonderful deliverers Colleen Caffery, Marie Lovley, Marie Bartlett, Barbara Wallace, and Pat Little.

#### WHAT WE ARE:

*Leyden Life* is published monthly in Leyden, Massachusetts by a non-profit group of volunteers.

We count on donations to cover the cost of our print copies, which are delivered by volunteers to the still-sizeable number of residents who do not receive email. A few extra paper copies are usually available at the Library.

To donate, volunteer, or ask questions, call or email Cornelia (774-5146; cr43wr41@gmail.com)

#### DISCLAIMER:

*Leyden Life* is not an official publication of the town, nor an official source of town business. We do our best to print accurately and distribute promptly the announcements and information we receive. Please check with the town to verify information regarding town business.

## LEYDEN CAFÉ

Welcome Back!

The Leyden Cafe is open for the Fall Season. Hours are 9:30-12 on Sundays. The library will be hosting children's story time at 10:30 on October 13th. We remain staffed by dedicated volunteers and have missed you all over the summer and each other. Please join us as we begin our 6th Season. Isn't it time you stopped by? Check out the kitchen improvements too.



## Figtorium Open House and Farm Friends' Market

Celebrate Figtober at Dancing Bear Farm, Saturday, October 5, NOON to 5 p.m. Greenhouse tours at NOON, 2:00 and 4:00 p.m.; Frizzell Hill Farm goat barn tours at 1:00 and 3:00 p.m. Special fig appetizers provided by The Farm Table. Music by Rob Skelton and Pitchfork, featuring forester/poet Mike Mauri. In addition to figs, fig trees, tomatoes, peppers and other products from Dancing Bear Farm, we'll have Cheshire Garden's jams and vinegars; Ed Johnson's maple syrup; Frizzell Hill Farm's goat meat; Rhonda Wainshilbaum's pottery; Leyden Glen Farm's lamb — plus Kristin Nicholas' pottery and art! End the day at The Gill Tavern for a fig-themed special entrée. More info: Tom Ashley, 413-834-0143 or [tomashley2@mac.com](mailto:tomashley2@mac.com).

## Trunk or Treat Halloween Party

Saturday October 26<sup>th</sup>

**2:00 pm** Join us at the Town Hall dressed in your Halloween finest for fun, games and pumpkin decorating. Prizes will be awarded for the best costumes!

**4:00 pm** Parade to the Fire Station, Police Department and Library for some extra treats!

Trunk or Treat (after 4) Community members will have their cars decorated and will be available for trick or treating.

Prizes for the best decoration will also be awarded.

The Fire Department will be serving BBQ after 4:30

**No age limits, just come for a safe and spook-tacular time!**



Questions or want to help out? Stop by the library or call/text Karin at (413)522-2581

Sponsored by the Leyden Recreation Committee

## THE CLIMATE CORNER

There were no ticks on Gates Hill when we moved in nearly 25 years ago. They are here now. I am the lone member of my family (including our dogs) who has not been treated for Lyme exposure, in the case of the dogs, vaccinated. As you know, Lyme is a serious disease. If untreated early, it can lead to lasting health effects. Such was the case for Christine, our daughter's birth mother.

That was more than 20 years ago and her life has been made much more difficult as a result. The climate connection? Deer ticks survive better when humidity is higher. The increasing humidity in the Northeast, part of our changing climate, allows them to move higher off the ground where they can more easily hitch a ride on you or another animal (reference below). The result is more ticks

and more tick bites. Climate change

doesn't just affect weather patterns, its impacts can be felt in many other aspects of our lives.

Each month, a small space in Leyden Life will focus on the Climate Crisis: surprising facts, examples of innovative local programs, state and federal proposed legislation affecting climate, and solutions.

Many of the solutions can be implemented immediately by individuals and others can be accomplished as part of a larger effort.

Here is a web site to get you started: [climaterealityproject.com](http://climaterealityproject.com)

Reference about ticks: [www.climatecentral.org/gallery/graphics/climate-changes-role-in-tick-migration](http://www.climatecentral.org/gallery/graphics/climate-changes-role-in-tick-migration)

Questions or comments, please call Karen O'Neil 774-5009 Thank you.

## Hello Neighbor, *a Letter from Spirit Fire*

We've got delightful new neighbors at Spirit Fire. As we introduced ourselves and told our story, we realized how much has changed in the last few years. *Change* is the only thing that is *constant*. What a funny statement; yet, so true! It seems to be most apparent this time of year as the season changes and leaves turn from summer greens to autumn reds and golds. And now it's not just weather, but climate itself... *climate change* is a modern topic. I was recently told by a neighbor that 25 years ago in Leyden, ticks weren't even talked about and it seemed as if they didn't even exist. Now, Lyme Disease, West Nile Virus, and EEE are all a concern as we go for a simple walk in the woods. Seasons change, the environment changes, and we change. We grow older year by year, day by day, even minute by minute, if you pay close enough attention. So, with the changing of neighbors and the passing of seasons for Spirit Fire (we have been here for 16 years!) it dawned on us that it may be time to reintroduce ourselves to all of our town's neighbors.

My name is Steve Kramer and I am the president of Spirit Fire's Board of Directors. I was introduced to Spirit Fire twelve years ago as a student of meditation. For many years, I engaged in all they had to offer: online classes, meditation groups, and retreats. I came to admire the work that was being done by the organization and I fell in love with the retreat center and Leyden in particular. (You see, I grew up in Central Pennsylvania, between the Appalachian Trail and Amish Country, eating fish from the river, game from the forest, and produce from local farms. Leyden feels very much like home for me and when my family visits we always remark how this area feels welcoming and familiar.) As time passed and I experienced the impact Spirit Fire had on my life, I became dedicated to its cause and committed myself to helping out wherever I could. When Donna, the founder of Spirit Fire, prepared to retire, she trained me to be a teacher of Spirit Fire's meditation practice, the Practice of Living Awareness; and in 2012, I moved to Leyden to manage the retreat center and eventually took over her role as president. A couple years later, Tim Darter came on as the executive director and, together, we have been stewarding the organization, the retreat center, and the land.

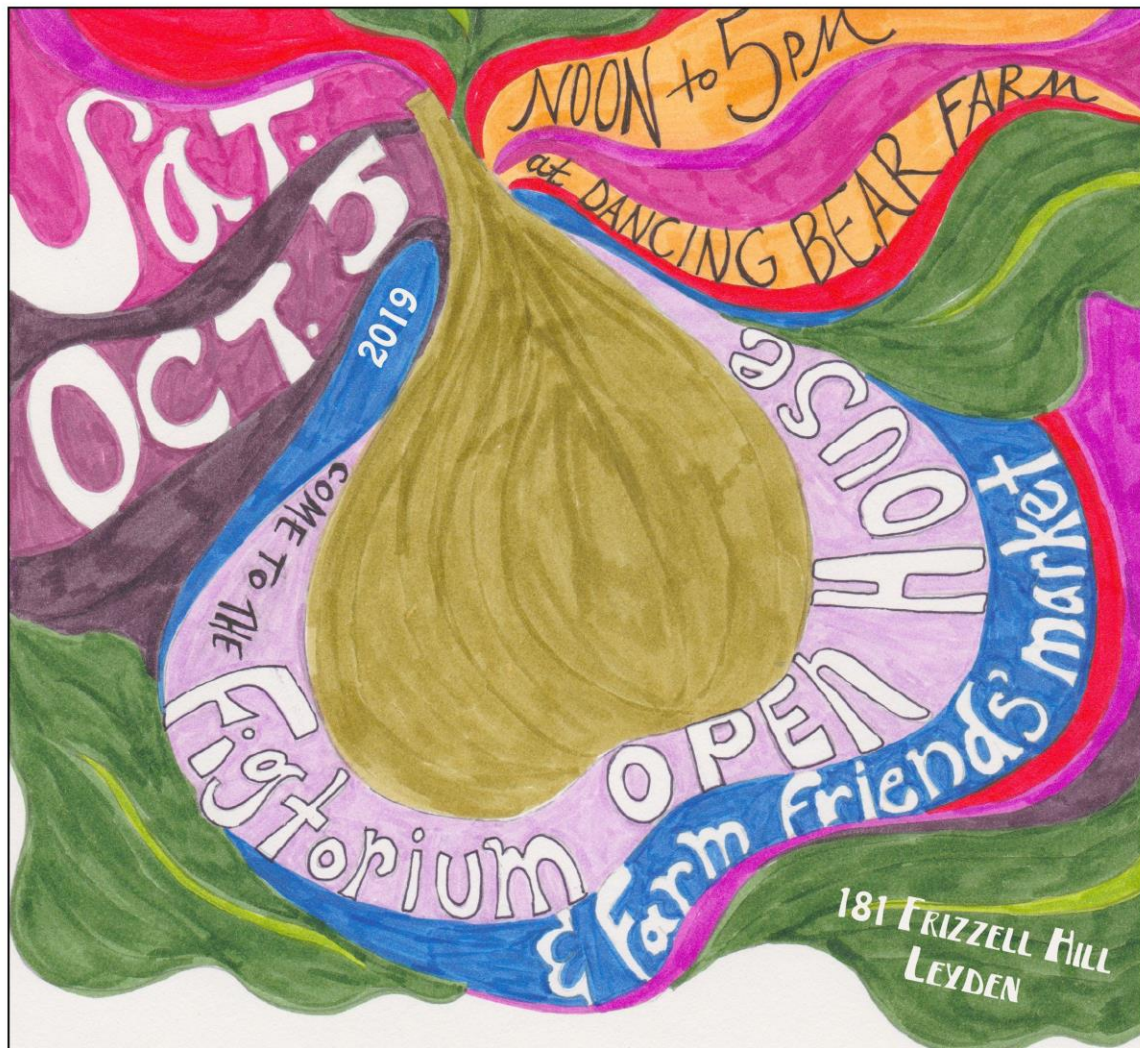
These are exciting and challenging times to be leading an organization whose mission is to cultivate consciousness and educate people on the importance of spirituality in everyday life. The fast pace of modern life means that change seems to arise faster, more often, and more abruptly... and it seems that our allotted response time has been shortened and we must adapt quicker just to get back to all that needs to be done in a day. In spite of all that, something about we humans simply likes things to stay the same – we find comfort in the familiar; yet, as we know, change is inevitable and for many, change is often accompanied by a feeling of uneasiness. That is where Spirit Fire is here to help. Our go-to response is meditation and mindfulness. Meditation leads us back to that feeling of comfort; bringing us back to the familiar and back to ourselves. Through mindfulness, one can create the opportunity to explore situations, to explore life, and to explore our mind's attitude towards things. At its core, mindfulness is about non-judgmental observation; when it seems that we are losing our mind, it is actually an invitation to get to know our mind. Many people think meditation is a way of checking *out*, when in actuality, it is a way of checking *in*. Great questions arise in meditation such as, "What's truly going on in this situation?" "How am I feeling?" "What is the truth, here and now?" Through training in meditation, we've observed that as we come to know ourselves better, we have a better capacity to *respond* to situations rather than *react* to them; to see constructive solutions, and to generate hope where there is fear. Overall, meditation provides clarity: the ability to see things as they are and to see life unfolding as an opportunity to experience something new... an opportunity to grow.

Experiencing changes in the world today can be a bit unsettling. The news seems to be more about opinions than facts, more divisive than inclusive. Automation means that we come into contact with fewer human beings throughout the day. Our dependence on smartphones and the internet means that we spend more time looking at digital screens and much less time looking at nature or loved ones. Spirit Fire aims to reconnect people to themselves and to one another; we strive to move people away from an "us vs them" view of the world and toward an "us as well as them" view of the world. One where cooperation and kindness replace criticism and separateness. Our three pillars are meditation, study, and service. These are effective at generating clarity, good will, and compassion. Spirit Fire provides opportunities for people to get to know their mind and its nature, to learn how to be creative with others, and to become aware of the process of growth throughout a lifetime. The student, the veteran, the daughter or son, the mother or father or grandparent, the recently diagnosed, the artist, the teacher, and the contemplative... these are the people who visit Spirit Fire with that intention. We witness the peace of mind, comfort, and often life-changing insights found in our town - in the stillness of the woods, in the nourishment of healthy meals, and in the meditative experience provided by Spirit Fire.

Tim and I are thankful that Spirit Fire landed in Leyden, Massachusetts. It is befitting as our state has always been at the forefront of the mindfulness movement with influential pioneers like Dr. Herbert Benson and Jon Kabat-Zinn. And Western Mass is home to many world-renowned meditation centers such as Kripalu, the Vipassana Center, and the Insight Meditation Society, to name a few. We are grateful to be among these influencers... planting seeds - seeds of consciousness - and tending to their growth. Perhaps that is the reason these organizations are sprinkled amongst farming communities. All of us are dedicated to growing; growing plants, growing livestock, growing humans, and growing consciousness. That's the ultimate purpose of change... growth and evolution. May we do it with ease and happiness. And may we do it together in community.



Over the next few months, we look forward to sharing stories of those who have attended a program at Spirit Fire. It is our hope that you will learn how it is not just Spirit Fire who leaves an impact on our guests, but the community of Leyden as well. In the meantime, please visit [www.spiritfire.com](http://www.spiritfire.com) to learn more about us: listen to a meditation online, attend a Living Awareness Retreat, or participate in a yoga class. Neighbor, we would love to get to know you better too!



## **GREENHOUSE TOURS! GOAT FARM TOURS!**

**12:30, 2:30 & 4:00 — SAT, OCT. 5 — 1:00 & 3:00**

Ed Johnson's maple syrup, Leyden Glen Farm's lamb + Kristin Nicholas' art & pottery, Cheshire Garden's jams & vinegars, Rhonda Wainshilbaum's pottery, Frizzell Hill Farm goat meat & Farm Table appetizers!

Afterwards, enjoy a fig with goat or lamb entrée at The Gill Tavern.

**MUSIC BY ROB SKELTON & PITCHFORK,  
FEATURING POET/FORESTER MIKE MAURI**

**MORE INFO ON DANCING BEAR FARM FB PAGE! BRING A COOLER FOR FROZEN MEATS!**

## UNCLASSIFIED ADS

- Erik's Handyman Service:** Let me help you with your "to do" list. Property maintenance, brush control, lawn mowing, roto-tilling, jobs, and projects. If you could use some help, give me a call at 413-774-9948 and ask for Erik, or e-mail to erikshandy1@yahoo.com. Reasonable rates. .
- Angus Beef for Sale:** Locally raised grass-fed Angus beef. No hormones or drugs used. Minimum order 10 lbs. Call Jeff Neipp at Castle Hill Farm, 624-5512.
- Pet Care Services** and beyond. Pet sitting, drop in visits, and Doggy Daycare. Serving Franklin County and Southern Vermont. Please contact Ruth Ayers via email at ruth.a.ayers@gmail.com or call 413- 773-8325. Feel free to inquire about references and rates.
- Maple Syrup:** Facey's Bree-Z-Knoll Farm & Sugarhouse invites you to think sweet thoughts! We have pure Leyden maple syrup in all size containers. Call ahead any time at 774-3757.
- Digitize your old slides:** Your old 35mm slides scanned and digitized at 20 cents per slide (\$20 minimum order). You will need to provide a blank SD card or a thumb drive to which the scanned images will be saved. Call Jerry Levine at 624-5546.
- Massage Service:** Engage in your wellness and treat yourself at West Woods Massage in Greenfield. Whether you are looking for general relaxation or have a specific focus, I am here to support you. Call Abbi Pratt at 413-281-1755 or email [awestwood@massagetherapy.com](mailto:awestwood@massagetherapy.com).
- Glenbrook Structures:** Need a chicken coop or a dog kennel at a reasonable price? Various sizes and designs are available. Call Michelle Barton or Chris Kemp at 774-4545 to place an order. We're also on Facebook and Craigslist.
- Boer Goat Meat** is available at Frizzell Hill Farm. Goat is quite tasty, low in fat and cholesterol, and high in protein and iron. Give it a try! Visit [frizzellhillfarm.com](http://frizzellhillfarm.com) for information and a price list. Thanks for supporting local Leyden farms!
- Natural Lamb** is available from the Petersons at Orchard Valley Farm. No growth-enhancing hormones or antibiotics. Usual cuts generally available. Special orders on request. Get your holiday orders in now! Call 624-5562 or email [ovbecky324@gmail.com](mailto:ovbecky324@gmail.com). Like us on Facebook at Orchard Valley Farm.
- Stall Clean-outs:** We are looking for manure, bedding, and other compostable materials such as old hay, leaves, etc. Call Robin or Laura at 773-8325.
- Ed's Sugar Shack** has fresh local maple syrup for sale. Available in gallons, half gallons, quarts and pints. Call **773-7619**, Ed and Carol Johnson, 72 South County Road, Leyden. Member of Massachusetts Maple Producers Association
- Bill Maguire Painting:** Serving the Leyden area's paint and staining needs since 1978. Interior, exterior, deck refinishing, window sash work, power washing, dirt and mildew removal. Call 413-774-5330.
- Free treadmill.** Needs tune up. Call Peggy @ 774-5764 or email [nianticgirl@yahoo.com](mailto:nianticgirl@yahoo.com)
- Wood for Sale:** Maple and oak boards rough cut 5/4" thick, minimum 8" wide, various lengths. Call Peggy @ 774 5764 or email [nianticgirl@yahoo.com](mailto:nianticgirl@yahoo.com)
- Ariens 64 snow thrower for sale.** Has electric start/pullcord, 6HP, 2 stage, 24 inch. Bought in 2004, well maintained, serviced professionally yearly at end of season. Kept in garage, good condition. Asking \$375. Call Carol at 774-4491.

### SWEET MORNING FARM

We grow pork, eggs, vegetables and flowers. All vegetables are grown organically. All animals are pasture-raised. We keep the porch refrigerator stocked with eggs, pork, and extra vegetables. For more information about our farm or to receive notices about what's available, sign up for our Email News by emailing [sweetmorningfarm@gmail.com](mailto:sweetmorningfarm@gmail.com) Stop by the farm or visit us at the weekly Shelburne Falls Famers' Market on Friday afternoons and at the Easthampton market on Saturdays.  
Robin Creamer

### UPCOMING CLAY CLASSES WHEEL THROWING CLASS IN LEYDEN

Pottery studio in Leyden offering classes and one day workshops. Call Rhonda @413-624-5175, or email: [rhondawain@verizon.net](mailto:rhondawain@verizon.net)

Potters wheel classes: Learn to use the pottery wheel to make dishes you can use. Learn to create, decorate, and glaze pottery. Tuesday or Wednesday, 7-9 pm.

Kids clay hand building classes: Tuesdays, 4-5:30 pm.

Sunday afternoon one day workshops: \$50.00 includes instruction and materials. Call to discuss ideas for what you would like to make.

Classes are 175.00 for 6 classes, which do not have to be consecutive. This includes all supplies! Learn to make pottery in a friendly, supportive environment.