



TOWN OF LEYDEN

Meeting Agenda

Council on Aging

Location: Leyden Town Offices – 7 Brattleboro Road

Date: **Monday, August 31, 2026**

Time: 2:00 PM

Agenda: *(Topics that the Chair reasonably*

anticipates being discussed. Times are for planning purposes only.)

Special COA Meeting to Discuss the Step Challenge Event at Avery Field, co-sponsored with the Rec Committee.

1- **DATE:** September 27, 2026, 1-3pm

2- **Purpose of Event**

Falls Prevention Awareness–Statewide Step Challenge

Avery Field Walking Path Awareness

Cross-generational Care and Community

3- **Activities**

Brief talk about Falls Prevention (informational brochures)

Poster to record steps

Walk & Talk conversation starters

Silly step challenges

Music?

4- **Refreshments**

5- **How to get the word out?**

Signs, flyers?

6- **Public Comments**

7- **Next meeting needed?**

Adjourn.