MEETING NOTICE AND AGENDA

Council on Aging Meeting

Town Office Building

7 Brattleboro Road

December 19, 2023

**1:00 pm, PLEASE NOTE CHANGE IN TIME**

1. Review and approve the meeting notes from the previous meeting held on November 14, 2023.

Old Business

1. We need to order the Funeral Arrangement booklets from WMass Funeral Alliance.
2. What are the goals for our community meals? How do know how many meals to order? Should we get a list of people who want meals delivered to their house? Or that they could just pick up?
3. Should the exercise program continue after Christmas? What will that look like?
4. How is the Outreach program working? Are there ways to increase community member usage?
5. Many communities use coffee hours as a way to let seniors meet for conversations. These hours are seen as reducing the “epidemic” of loneliness amongst our older residents. Is this being served by the luncheons? Or should we add or substitute coffee hours a few times during the year?
6. Has there been a response to the grab and go offer in the newsletter?

New Business

1. Peggy Brown has informed me that we can use the Fred Wells grant money to pay for

the nail clinic. How do we access that?

1. Any suggestions for next month’s luncheon and speaker or special topic?
2. Katherine Dimatteo, Selectboard and Rachel Stoler, FRCOG have asked to join us to discuss the grant from Mass in Motion along with “priorities for short-term and long-term efforts to keep building Leyden as an Age Friendly Community”.
3. Any other topics for discussion?

Posted at 5:30 PM on Wednesday, December 13, 2023 by Paul McLatchy III, Town Clerk