Leyden Council on Aging

Minutes of Meeting, September 17,2024

Meeting called to order at 2:05 by Chris Maguire

Present: Becky King, Chris Maguire, Amy St. Clair, Annie Garvey, Linda Allis, Merry Lein

Amy moved to accept August minutes and Chris seconded. Minutes accepted.

October monthly luncheon: 50 servings of lasagna, 100 garlic knots, 50 servings of apple crisp (if available at Fosters) or 100 cookies.

Amy will add 1-2 beets, 2 bottles Ranch dressing, 1 pint Half 'n Half and assorted teas to her Fosters pick-up prior to the meal.

Discussion of items we are running low on that need to be restocked; an Amazon wish list will be compiled and submitted to Michelle.

200-300 cold cups

300 compostable clam shells

Paper liners for clam shells

Aluminum foil

200-300 compostable plates (10")

300 soup/salad bowls (8")

Becky will check to see if she has a Mr. Coffee available to donate.

Chris confirmed that Susan White from LifePath will be the speaker at our October luncheon. She will discuss her agency's services starting at 11:30. Information re: Susan's presentation, as well as hours Lisa White will be offering vaccinations at the Wellness Clinic on the 17th will be included in the September Leyden Newsletter. Merry will contact Lisa to confirm hours (10:30-12:30?).

Wellness Clinic hours listed (9-11AM) in the newly printed "Resources & Services for Leyden Seniors" pamphlet will likely need to be corrected.

Chris has learned that seniors utilizing On Demand FRTA services from Shelburne to Big Y can have their fares reimbursed by Big Y. She will make further inquiries at the Shelburne Senior Center to see if Leyden seniors might benefit from this fare coverage as well.

Discussion of transportation resources/assistance for Leyden residents will be continued at future COA meetings.

The 2024 Leyden Directory will be available to Leyden residents at the Leyden Library, Historical Commission "Coffee and Conversation" on 2nd and 4th Sundays, monthly luncheons, and some town events. A suggested donation of \$3.00 will be posted on donation boxes at these

locations. Becky suggested that stickers stating "courtesy of Leyden COA" be placed on back of directories.

Brief discussion of MOOR grant. A grant application was submitted by the Recreation Committee, and if Leyden's application is accepted, the COA will join with other town committees and local agencies to plan and put on an inclusive and accessible event focused on utilization of outdoor resources in conjunction with the 2025 May Race Day.

Merry raised the question of whether we should continue scheduling speakers for monthly luncheons. We will continue to assess luncheon attendance and investigate what topics may be of interest to the community.

Amy motioned to adjourn; Becky seconded. Meeting adjourned at 3:10.

Minutes submitted by Merry Lein