



TOWN OF LEYDEN

Meeting Agenda

Council on Aging

Location: Leyden Town Offices – 7 Brattleboro Road

Date: Tuesday, September 15,
2026

Time: 2:00 PM

Agenda: (Topics
that the Chair
reasonably
anticipates being

discussed. Times are for planning purposes only.)

New Topics:

1- **Approval of August minutes.**

2- **Financial report.**

3- **Community Lunch:**

3A: September lunch. How many meals served? (In-person, pickup & delivery).

- What worked well? Any changes needed?

- How did things work for volunteers?

3B: Plan October lunch. Menu.

4- **Speaker for October?**

5- **Future Speakers?**

6- **Step Challenge Event at Avery Field– Sept 27**

a. Help needed?

b. How to carry momentum forward– esp with Falls Prevention?

c. Health Survey (FRCOG)

7- Foot Care Clinic

- a. **October 5.** Linda will arrive at 8:30am to greet clients and help Piper get set up.

8- Tai Ji Quan for Better Balance. Liability question. Promotion.

- a. No classes until Oct 7.

9- Outreach to potential new COA members?

10- COA goals/ideas for FY 2027.

11- Additional items.

12- Public comments.

Items for next meeting:

Date for next meeting: Tuesday, October 20, 2:00-3:30pm

Adjourn.