



TOWN OF LEYDEN

Meeting Agenda

Council on Aging

Location: Leyden Town Offices – 7 Brattleboro Road

Date: **Monday, September 21,
2026**

Time: 2:00 - 3:30 PM

Agenda: *(Topics that the Chair reasonably anticipates being discussed. Times are for planning purposes only.)*

New Topics:

1. **Approval of August minutes.**
2. **Financial report: FY2027 Budget.**
 - a. Proposal for new road signs.

3. **COA purpose statement. Ideas for FY 2027.**

4. **Community Lunch:**

3A: September lunch. How many meals served? (In-person, pickup & delivery).

- What worked well? Any changes needed?
- How did things work for volunteers?

3B: Plan October lunch. Menu.

5. **Speakers for future lunches?**

- a. Police, Nan's history talk, honoring Leyden's oldest resident.

6. Step Challenge Event at Avery Field– Sept 27

- a. Help needed?
- b. How to carry momentum forward– esp with Falls Prevention?
- c. Health Survey (FRCOG)

7. Foot Care Clinic

- a. **October 5.** Linda will arrive at 8:30am to greet clients and help Piper get set up. Michele is arranging for an authorized person to unlock the door.

8. Tai Ji Quan for Better Balance.

- a. Liability question.
- b. No classes until Oct 7.
- c. Piper asks for \$10 donation. Would COA contribute?

9. Outreach to potential new COA members?

10. Additional items.

11. Public comments.

Items for next meeting:

Date for next meeting: Tuesday, October 20, 2:00-3:30pm

Adjourn.