



**Public Health**  
Prevent. Promote. Protect.  
**Cooperative Public Health Service**  
Franklin Regional Council of Governments

# NORTH COUNTY: Public Health Nurses are available to you!



**Lisa White, PhD, RN**



**Meg Ryan, BSN, RN**

## SERVICES:

- Preventative and diagnostic health screenings
- Flu and COVID vaccinations
- Individualized help managing chronic health conditions
- Tools for medication self-management  
*(medication calendars, files of life, pill sorters)*
- Mercury thermometer & sharps disposal and container exchange  
*(collaboration with Franklin Cty Solid Waste Mgmt. District)*
- Home visits available to residents in need

## NORTH COUNTY WALK-IN WELLNESS CLINICS:

**Bernardston - 2<sup>nd</sup> Thursday - 9:30 - 11:30 a.m.**

Senior Center

**Erving - 1<sup>st</sup> Tuesday - 9:30 - 11:30 a.m.**

Senior Center

**Gill - 2<sup>nd</sup> Friday - 10 a.m. - 12 p.m.**

Stoughton Place Community Room

## TO REACH THE PUBLIC HEALTH NURSES:

**Lisa White, PhD, RN:** [lwhite@frcog.org](mailto:lwhite@frcog.org) or 413-774-3167 x 156

**Meg Ryan, BSN, RN:** [mryan@frcog.org](mailto:mryan@frcog.org) or 413-774-3167 x 158

*These public health nursing services are a program of the [Cooperative Public Health Service](#). The Cooperative Public Health Service is sponsored by the [Franklin Regional Council of Governments](#).*

